## Discussion questions:

1. What resonated most with you and why?

2. How is discipline a form of grace?

3. Which of the 3 C's feels most challenging to you, and why? Which feels easiest and why? (Compassion, Courage, Consistency)



## *Notes:*

## Reflection questions/Journaling:

1. How does talking about discipline make you feel?

2. What are some fears you have in parenting? How do those fears play themselves out in unhealthy and healthy ways?

3. Take a moment to pray and ask the Father to lead and guide you in parenting. Consider ways you can give him praise for what he has done in your parenting, and also consider areas for which to repent knowing the gospel gives freedom.